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THE MISSING SEVEN HOURS

REVEALED

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EDITORIAL COMMENT

DAVID A. HAISELL



I would personally like to take this opportunity to welcome you as a reader of JOURNAL UFO (JUFO). The study of unidentified flying objects, or UFOLOGY as it has come to be called, has grown quite rapidly during the last ten years, and has resulted in the emergence of several respectable research organizations, each trying to make some headway toward solving the UFO mystery. But despite the availability of well produced publications, the general population is still subject to an abundance of misinformation compiled by numerous irresponsible and sometimes misguided groups or individuals, some of whom are merely out to hustle a fast buck at the expense of a gullible public.

In view of this situation U.P. Investigations Research Inc. has decided to launch JOURNAL UFO, with one of its major functions being to keep the public updated in the field of responsible UFO research. Its success will depend partly on your interest and support, and I respectfully solicit your comments and opinions, both on the journal and on Ufology in general. If you have had any experiences yourself you may relate them to us with my guarantee that your name will remain completely confidential if you so wish.

The many dimensions of the study of Ufology are reflected by the varied professional disciplines which are taking an interest in the subject. These range from the so-called 'hard' sciences such as physics, astronomy, chemistry and biology through medicine, sociology, history, psychology, psychiatry and parapsychology. It is hoped that future issues of JOURNAL UFO will include articles from contributors in these and other related fields in order to give the reader a balanced coverage of the subject.

Many of those accepting UFOs as a real phenomenon associate them with extra-terrestrial intelligences. This may or may not be the case, but if it is there are indications that much more is involved than a simple planetary exploration mission of the type in which we humans will soon be able to engage in view of our recent advances in technology. The various shapes, sizes and colours of reported UFOs, along with the high frequency with which they seem to be encountered would lead one to believe that intelligences from many parts of the universe are converging on planet Earth for some reason or other. For those who ask "Why haven't they made contact?" it should be noted that 75 of the 161 alleged UFO abduction cases in the files of Mutual UFO Network's Humanoid Study Group (co-chaired by Ted Bloecher and David Webb) have occurred since 1970. It would appear ample contact has been made! These files contain over 1650 entries detailing humanoid sightings from sources all over the world. (Publication of the group's Humanoid Catalogue -HumCat- is expected shortly). None of this proves anything, of course, and the situation is even further complicated by the fact

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THE MISSING SEVEN HOURS REVEALED

The recently released book by David A. Haisell entitled The Missing Seven Hours published by PaperJacks Ltd., of Canada details the strange experiences of the Armstrong family (not their real name) during the last twenty-five years. The events started in 1953 in England and continued after the family moved to Canada in 1967, climaxing with a series of strange encounters with the unknown amidst a UFO flap in an area south of Lake Simcoe, Ontario between 1973 and 1975. The book was so titled because of a seven hour period in Gerry Armstrong's life during which he was missing and for which he could not account.

Subsequent to the completion of the book Gerry finally consented to undergo regressive hypnosis with a Toronto psychiatrist who is well experienced in the area of parapsychology. Prior to this time Gerry had great trepidation about the whole regressive hypnosis process, but voluntarily decided to go ahead when not knowing what happened during the seven hour period became almost impossible for him to live with. The results of the two sessions with the psychiatrist proved startling, and definitely describe a contact between Gerry and intelligent non-human beings.

The following article presents the transcripts of the two regressive hypnosis sessions, prefaced by a brief introduction to the circumstances surrounding the missing seven hour period for those readers who have not yet read the book.

INTRODUCTION

In late July or early August 1953, twelve year old Gerry Armstrong of London, England was on a school trip for several days to a summer camp in SE England. One afternoon while playing a game of hide and seek with about thirty other children and a teacher named Mr. Rice, Gerry decided to escape from the group for a while and smoke a cigarette, an activity prohibited by the school. It was a little after one o'clock when he sat down under a tree in a wooded area and lit up the first cigarette from a pack of five. The afternoon was hot and he found himself feeling a little drowsy, and upon catching himself abruptly as his head began to nod he was bewildered to find himself surrounded by darkness. Suddenly some of his friends were all around him shouting, "We've found him sir, he's over here", and to his utter amazement he was told that it was after eight o'clock, and that he had been missing for seven hours. Furthermore, a little earlier his discoverers had been at the very spot at which he was found, but he had not been there. To compound the mystery, his cigarette was still burning; and he still had four left in the pack!

He was totally confused. He had to be supported on both sides on his way back to the camp because he couldn't walk; he couldn't feel the ground. In fact he felt completely dissociated physically. Except for a burning sensation at the back of his neck he felt no pain. Examination by the camp doctor revealed that the back of his neck was definitely red and sore, and furthermore that there was something wrong with his eyes. Gerry can't remember exactly what the problem was, although he feels he might have been told that his eyes were dilated. The medical prognosis speculated possible sunstroke. After a long sleep Gerry completely recovered.

What is even stranger about this event is that it went right out of Gerry's mind until ten years later when he and his wife actually saw a UFO for the first time in London, England. It was this sighting which triggered his memory of the seven hour period during which he was missing. He merely remembered that he went missing, not what happened during the period. Subsequent to their first sighting Gerry and his wife Susan have had several UFO experiences, along with several what might be termed 'para-normal' psychic experiences both in England prior to 1967, and in Canada where they now live.

Starting in February 1977 I spent over a year investigating the experiences of this family along with those of many other persons living in the southern Lake Simcoe area of Ontario, and the results of these investigations are the subject of my book. The events are startling and seem to reveal another localized area in North America exhibiting a large concentration of UFO sightings.

REGRESSION TRANSCRIPTS

The regressive hypnosis sessions were conducted in Toronto on July 19 and 26, 1978. The hypnotherapist who conducted the regression does not wish to be explicitly identified since he feels he will be bombarded with telephone calls from other individuals wanting to report cases and be hypnotized. He would much prefer such material first be directed to competent researchers for screening and analysis. He is a fully qualified psychiatrist of known and vouched credentials and degrees (M.D., F.R.C.P.(C), Ph.D.) known personally to the editor, and acts as a consultant to U.P. Investigations Research Inc.

We pick up the transcript of the first session at a point where Gerry has been regressed to twelve years of age:

Q: Is this your birthday?
R: Yeah.
Q: Who's with you now?
R: Nobody. I'm in my bedroom.
Q: How long have you been going to Hazeltine school?
R: Oh, when I was eleven.
Q: What grade are you in now?
R: What's grade? Grade? I dunno.
Q: What level?
R: Oh. Form B. Form B.
Q: Form B. Alright. Now I want you to move forwards in time, up to the summer of 1953. Forwards in time up to the summer of 1953 when you were at summer camp... with several of the teachers and students from your school. (Pause)
R: (Sigh)
Q: What are you looking at?
R: Mr. Rice. (mumbles) Mr. Rice. He used to slap me around the face. Once. Last year... anyway...
Q: Mr. Rice? Is he one of your teachers?
R: Yeah. Ricey. Old Ricey. Hmm. Don't... Don't like him much.
Q: How many days have you been at camp so far?
R: Oh. Oh, I don't know. I know we've all been havin' a lot of fun. I dunno, it's been very good.
Q: Has anything unusual happened to you recently?
R: No. No. I don't think so.
Q: Have you been physically well?
R: What d'you mean, physically well?
Q: Feeling well.
R: Yeah, I feel alright.
Q: How many days have you been at camp so far?
R: I dunno, about three.
Q: Three days?
R(to himself): Yeah, about three days.
Q: I want you to move forwards now in time, to the particular day that you were to play hide and seek.
R: Oh, Ricey offering two and... two and sixpence. I don't want to play with Rice. Stupid idiot, fool.
Q: What are you looking at now?
R: Trees. Trees.
Q: I want you to keep looking at what is happening to you now (R: heavy breathing), and as the events unfold (R: heavy breathing), as you see them (R: heavy breathing), I want you to tell me what you are experiencing. Tell me what you are seeing and hearing. (At this point the subject was becoming increasingly unsettled, as evidenced by his heavy breathing.)
R: (moans) I don't understand.
Q: What are you looking at?
R: I don't know. I don't know what it is. I don't know what it is.
Q: Tell me what it looks like.
R: I can't explain it. I dunno. A light. Light. Light. Oh shit, it hurts your eyes! Where's it comin'?... I dunno. (groan) Voice. Somebody... they're talking... I can hear... I don't understand what's going on here. What the bloody hell's goin' on?...

WHAT ARE YOU LOOKING AT?

***

I CAN'T EXPLAIN IT.

A LIGHT... IT HURTS YOUR EYES!

Hurts...
Q: Tell me what you are looking at.
R: Light.
Q: What kind of a light?
R: I dunno. Scared. Oh, now I know. Okay. Yeah, alright. Yeah.
Q: Who were you talking to?
R: They said... not to... said not to be frightened. I ain't frightened anymore now.
Q: Who is 'they'?
R: I dunno. some voice somewhere. I dunno. Sound. In me... in me 'ed. Anyway I feel alright now.
Q: Who is with you now?
R: Oh, they're... they're 'ere. They're staying. They're both sides of me now.
Q: Who's 'they'?
R: I dunno. They ain't got no names.
Q: What do they look like?
R: Oh they're... they're pickin' me up now... where we goin'? Oh... oh... it's like floating. It's bloody funny. (laughs) I'm not to be afraid. I'm not to be afraid. They're saying not to be afraid. So I ain't afraid. I'm not afraid. (Sounds as if he is convincing himself.) Oh... (groan) the light again... No. Alright... alright... alright I guess, sure... yeah, what? Hmm.
Q: What are they saying to you?
R: Oh, they're making me walk up the ladder now... ladder... it's cold... anyway I ain't... I ain't afraid. I ain't... I ain't frightened anyway.
Q: Where is the ladder?
R: I dunno. It's just in front of me... this thing. I dunno... round thing... I dunno what it is... I dunno. Yeah alright, okay. I'm... yeah (pause) That's funny... nobody in here.
Q: What do they look like?
R: They're alright. They, they're little... little. I'm bigger than one of them. (Laughs) I'm bigger than one of them. They're alright though. They told me not to be frightened. I'm not frightened.
Q: Who are they?
R: I dunno. They're alright... I dunno.
Q: Describe what they look like.
R: They're tiny. Some are tiny, some are not tiny. There's lots now... out of that room... I don't know.
Q: What room?

ALL THE WORDS COME OUT THEIR EYES.

THEY TALK... THROUGH THEIR EYES.

R: I was in a room. Now they... now they're taking me out... saying... saying things... they don't... yeah alright... yeah... yeah... they understand. (Pause)
Q: Where are you now?
R: In another room. (Sighs) Oh, my 'ed 'urts in 'ere. Where they gone again? They keep coming and going and coming and going and muckin' about... I'm not frightened. It's interesting... (breathing) mustn't tell.
Q: Mustn't tell what?
R: They said not to tell.
Q: Tell what? (Long pause)
R: (Sighs) No I won't. No. (Long pause)
Q: Where are you now?
R: I cannot tell. (Pause)
Q: Are you in the same room as before?
R: (Sharply) It's different. It's different here. They're talking to me all the time. They ain't stopped talking. They look. All the... all the words come out their eyes. They talk... through their eyes. I wished... oh I... (laughs)... yes... yeah... yeah... yeah alright.
Q: What kinds of things are they asking you?
R: Ask? They're not... no. Not ask. Oh... no they're not asking me anything... no they ain't.
Q: What kinds of things are they saying to you?
R: Oh... I dunno why they do that. Oh, Jes' Christ, that hurts!
Q: What was it?
R: Well... when one of them... one of them looks it hurts, and he says not to be frightened. I'm not frightened. But it just hurts when he looks at me. Hurts my... hurts me 'ed (laughs). But he keeps making the pain go away. He's good. He's very clever.
Q: Describe to me what he looks like.
R: He's magic. He makes the pain go away when he looks at me. Then he talks to me. He's got a funny face. I don't know, er, whether they're bloody boys or girls. They're funny. They're nice, though. (Pause) Yeah... mm... I understand now.
Q: What did he just say to you? (Pause)
R: Chosen ones... now he was telling me... yeah... yeah... yeah... oh I can't do that. Alright... mm... oh... that's... that was good... oh, how'd you do that? Hmm... yeah... I've always thought that too... (laughs) yeah. (Pause)
Q: What's happening to you now?
R: Getting up off the chair. That was good.
Q: What was good?
R: On the... pictures. On a screen.
Q: What kind of pictures?
R: How'd they do that? He says it's my life.
Q: Your past life?
R: No... he said... oh... oh... (groans) Christ, it hurts when he looks. Oh... saying... that's it... but it were so quick. I don't understand. Oh... okay... okay. (Pause)
Q: What's happening now?
R: (Sighs) A little ball. (Laughs) Oh shit, a little ball. (Whispers) That's a planet. Well... oh blimey, is that right? Yeah... oh, do I have to?
Q: Have to what?
R: I don't want to go back. No, I like it here. I understand... yes. Yes, yeah, I do... I will.
Q: What is he telling you now?
R: Always... fine... yeah. Well I (undecipherable word) yeah (sighs) no... (undecipherable phrase) and I will... (laughs) why (undecipherable phrase) yeah... yeah alright.... yeah I do. (Sighs) Yeah I will. (Long pause)
Q: Tell me what he is saying to you.
R: Saying? Ow. (Groans, sighs)... They... they talk with thought. All things are thought... yes.
Q: Alright. Now I want you to listen carefully. I want you to move forwards in time, forwards in time, all the way up to July 19th, 1978. (Long pause) Who are you?
R: Armstrong.
Q: What's your first name?
R: Gerry.
Q: Gerry Armstrong. What is today's date, Gerry?
R: July 19th. (Returns to normal dialect.)
Q: And the year?
R: Oh, it's er... it's causing problems... 1978.
Q: 1978. Where are you now Gerry?
R: Couch.
Q: Alright. Do you remember what happened to you in that summer of 1953?
R: Some of it, yeah. It's very painful.
Q: What do you remember?
R: I remember them... I remember the pain... I remember some of the things they said.
Q: What kind of things did they say?

THEY TALK WITH THOUGHT.

***

ALL THINGS ARE THOUGHT.

R: They're so different... I can't tell you. I can't tell you in words.
Q; Alright. Do you remember what the room looked like?
R: Yeah. The first... the first room was empty after the ladder... we went up the ladder to the first room... and they... they just left me alone... and I remember... and then they came in. And we went into another room... and they kept, they just kept taking the pain away. It's just fantastic. I actually remember swearing. They explained many things.
Q: Now I want you to look at the room...
R: I'm looking.
Q: ...closely.
R: I see.
Q: Now as you stare at the room I am going to count from three down to one. And as I count from three down to one the room is going to change into something. The room is symbolic for something. And as I count backwards from three down to one, the hidden meaning of the room is going to be revealed to you.
R: (Heavy breathing).
Q: Alright. Three, two, one.
R: (Groans, as if in pain, then sobs)... Yes.
Q: What do you see?
R: Everything.
Q: Tell me.
R: All things. They say all things... all is one. All things. Yes, they do know... all things. I understand, and I will.
Q: Who are you talking to?
R: They are here again.
Q: Alright. Now I want you to listen closely, Gerry. I want you to concentrate on my voice and listen closely.
R: (Heavy breathing).
Q: You will not remember anything that has happened during this session.
R: (Heavy breathing).
Q: After you are awake you will not remember what we have talked about.
R: They said to... they said I will always know.
Q: You will always know. But it will be in your unconscious where it was before. Now relax completely. In a few moments I am going to count forwards from one up to ten, and as I do so you will begin to wake up. When I reach the number 'ten' you will be fully awake. You will not remember anything that we have talked about. It will seem to you as if you have been asleep. In a deep sleep. You will wake up refreshed and relaxed, and

completely at ease, as if you had awoken from a very deep sleep. Alright. Now wake up. One, two, three, four, five, six, seven, eight, nine, ten.
R: (Sighs).

END OF SESSION ONE

(Gerry actually awoke with a start seeing a lampshade hanging from the ceiling above him, and thinking with alarm for a moment that it was a UFO. It took a few seconds to calm him down. He had a splitting headache which lasted for several hours.)

SESSION TWO, JULY 26, 1978

Q: Alright. Now I want you to listen carefully to what I am going to now ask you to do. You are going to stay in the present, here, but I want you to remember completely all that you experienced during the summer of 1953 at twelve years old, and you were at camp. (Long pause) Now do you have the events in your mind?
R: Yes, I think so.
Q: Alright. Now tell me about them. Tell me what you remember now. (Long pause)
R: (Breathing, mumbles something undiscernable.)
Q: Do you remember sitting under the tree?
R: (Heavy breathing) Yeah. (Groans) Yeah... 'cause I went for a walk (Change of dialect again). I went for a walk... 'cause I didn't want to play hide and seek with Ricey. I'm goin' to have a fag... goin' to have a fag and sit under a tree. (Mumbles) Oh yeah... (exclaims) what's that? Some... something came down... oh... I can't move (frightened). A light... a light... and two blokes comin'. They're comin'... no... they come from another (mumbles) spaceship. They're picking me up, I can't move... can't move my legs. (Sobs) Making me walk... I don't want... I don't want to go. (Sobs) Oh... (groans) pressuring on me neck... oh... oh... things moving... we're going... oh I feel... I can walk now. In a room. Gone. Ain't no electric light bulb. Can't see a bulb. This noise... this noise. It's... I want to get out of 'ere. Want to get out.



THEY'RE PICKING ME UP.
I CAN'T MOVE...
CAN'T MOVE MY LEGS.
I DON'T WANT TO GO.



No... no... thinking things... no... walk... walking... and there ain't no light... there ain't no bulbs 'ere. There, I can't see any bulbs. And then one go through the wall. I didn't... can't see a door... can't see a door. There's this other bloke. He's bigger than the other blokes, these little blokes... he's (groans, sobs) he's thinking... no! No... not hurt... stop... alright. I was looking at him an'... he's funny. And he's thinking things. And he's got funny eyes. And he thinks things.
Q: Alright. Now, Gerry, I want you to relax. I want you to move forwards in time...
R: (Interupting) He's thinking things again...
Q: I want you to listen carefully to me...
R: (Interupting again) ... He's thinking things...
Q: I want you to listen to me. I want you to move forwards in time up to July 26th, 1978. (Pause) Who are you?
R: Gerry. Gerry Armstrong. (Return to normal dialect)
Q: What is today's date, Gerry.
R: July 26th.
Q: And the year?
R: 1978.
Q: Where are you now?
R: Office... couch... sleeping.
Q: Alright. Now, I want you to stay in the present. Stay in the present time. As you think about what happened to you many years ago I want you to tell me what you just experienced starting when you were sitting under the tree. You took out a cigarette...
R: Yeah, I lit a cigarette and... and something came down into a clearing... and then I couldn't move. I became very frightened. I remember becoming frightened, and I started to cry because I saw some sort of light with some creat... beings, people. They're very close, and I'm crying because I can't move. And they're picking me... they're picking me up and going through some trees. Cannot feel the ground. And, it's like a light... there's a ship! My God! My God! They're going up this ladder. They're putting something on my... I'm feeling better. I was very frightened, and now I became relaxed. I'm being put into a room... I think it's a room. I'm trying to understand where... I'm trying to understand where the light is from... it's very, very interesting, and now they're coming back.
Q: Tell me what they look like.
R: The two that took me to the ship are a little taller than I am. They have, is it, whitish-grey skins? But... they have very kind... I think it's kind... it's difficult to explain... very small mouths... em, I see their eyes are more prominent than anything. They appear to be able to communicate whatever they wish. Now they're taking me in a corridor. It's like a semi-circle. One is in front and one is behind. And we seem to... one seemed to walk through a wall, but there must have been a door. And I follow, and there is another, and he is just standing... he is in red... he is in red, and he is taller. He looks, could it be older? He... he says, 'my son'. (Giggles). He said, 'my son'.
Q: Now I want you to think about what he looks like. We're going to try something here. Just keep in your mind Gerry, the image of what he looks like.
R: I see.
Q: Okay?
R: Yes.
Q: Now. You're going to look at him, and I'm going to count backwards from three down to one, and as I count backwards you're going to see him change into something. He's symbolic for something. He's merely a symbol. And the act of me counting backwards from three down to one is going to change him into what he represents to you. When I reach the number 'one', we'll see what he represents, what he's symbolizing. Alright. Now picture him, and watch him change. Three... two... one.
R: Teacher. Yes... his form is the same. He only says to teach.
Q: What does he mean by that?
R: He's telling me... it's feeling... he's telling me with feeling to go... to look... I can't feel the ground... not the ground, it's the floor... and I'm looking... (gasps) I can't believe it... I can't

THERE'S A DOME!
MY GOD, THERE'S A DOME!
AND
THERE'S OTHER CHILDREN.
I CAN'T BELIEVE IT!

believe it.
Q: Now go back to the memory that you have of seeing the ship, or whatever it was, come down. Picture that in your mind.
R: Yeah, I see.
Q: Okay. Now describe to me what it looks like at first glance.
R: It's very bright. So bright, the shape is almost indescribable.
Q: Okay. Now, keep that picture in your mind, and again I'm going to count backwards. And as I count backwards it's going to change into something else. And when I reach the number 'one' we will see what it is symbolizing. Alright. Three... two... one. What has it become now?
R: It stays the same. It has not changed. Energy transition. (Pause).
Q: Where did the extra cigarette come from Gerry, after all of this experience was over?
R: Not over. There's more to tell. Later moments.
Q: Alright. Tell me the later moments.
R: I have to get back into the ship to tell.
Q: Alright. Go back into the ship.
R: (Heavy breathing) Now he thinks things... to look. I see. He says to see a ball. He says... he doesn't say, he feels... this is where I'm from. I don't believe this... I don't believe I'm there... but he says yes... he says yes, and for me to be calm. He's touching me, I feel... I thought it was a dream. It stopped. The noise stopped. He says to come, my son. Huh. Come my... he walks, I follow. There are others. We walk... we went down a ramp. It looks like a ramp. We're walking. Yeah. There's a door. It just opens. (He sounds astounded) There's a dome! My God, there's a dome! And there's other children. There's children. They're talking to children in... I can't believe it, but I must be calm, he says. To be calm, and to follow. I see. I see it so vividly. He says to look at the screen. It's here, in my hand... they put... it really isn't like a screen, it's like a... like a ball... my life... there... so quickly. He's thinking again... two of them think, to be calm... to understand... to be taught. She... now there is a woman. I didn't see her come from anywhere, though. There's still

children coming... going. They're not thinking, I'm looking... through the dome, and it's mauve. I see... I see it's mauve... and the colours. Oh, there's things passing over. My God, they're ships! I can't believe this. It must be a dream. She is thinking now. This is incredible! She's... oh... she's touching me. She's taking the cross.
Q: What cross?
R: I had a cross I stole... I stole from my mother. It was a silver cross, with emeralds. She has taken it. She's looking at it. She's handing it to the other one in red. Why would she say that? It is not... she is talking... it is not right... that is not right to worship. He is thinking the same. They both say... not right to worship. Look at the sc... look back at the scr... I see the screen. They think... they feel to me... there are many. They must put things... right? Put things right? Things are wrong? There was a mistake. I see the screen. They say to think... think on the screen... it's more like a ball... pictures are so vivid... not to worship. I see all things. They think these things. To put things right now... time... it's all there... soon to understand the difference... many... they think, on the screen... many, many have been... come to this place... gave wrong ideas... must be changed... in time... will be understood in later... Not to be special. There are many. Do not think you are special... there are many. These things they think. I see all things. They tell me these things. They say to go... they smile. I am smiling... I feel at peace. There are others... they're coming and going... all... of... them. Moments. I... I question them on worship. They say it is not right. There are many... mistake... they are repeating. We are now walking. They are still thinking. We are at... a different door. Now I see. There are many here. Some look the same... others are very different. It must be understood... to teach. Do

I HAD A CROSS, A SILVER CROSS WITH EMERALDS. SHE HAS TAKEN IT... SHE SAYS, "IT IS NOT RIGHT TO WORSHIP".

not take notice of others that you may... feel... see... I can't understand... feel... see. We, they say we, will again... see... come... I don't understand. They're thinking again at the door. There are others here. Again... other moments... and I shall recall when the moment is right. Recognition will be through feeling of contin... continued... obs... observation. I don't, it's hard to understand them. He understands. I'm explaining that I'm so little, and I do not understand much. But he's saying, later moments you'll be able to explain. He is touching... he is touching my head. I know it isn't a dream. I see the faces, and now... I sleep. (Long pause) Back... they're carrying me back. I can't seem to walk. They're putting me back under the tree. I'm thinking that I'm very frightened. Mr. Rice is going to wonder where... where I got to. They are saying words. I don't understand that word... that feeling. They're saying, 'my son... meet again... with others'. They're going through... there they go. They're going to the ship... to the ship... and it just goes. (Sighs) It was still light. Cigarette. I smoked the cigarette. It's getting darker. I fell asleep, I guess. Berty Brain and Colin... they found... they found me first. Huh. Poor Col, he's really upset. I guess I fell asleep, Col. I'm sorry. I said I'm sorry to Mr. Rice. Now, I was telling him I can't walk very well. They're taking me back. I can't feel the ground. Yeah. Now... now I see they're checking me over. They don't seem to really know what they're doing. I said I was hungry after the... I guess it was a check-up. I had some jelly and some ice cream. I was really hungry. I'm trying to remember, but I want to go back to the bunk... and I want to fall asleep. And I must remember. I shall always remember, I shall never forget, but I shall sleep now.
Q: Alright. Now I want you to move forwards in time, all the way up to July 26th, 1978.
R: Going backwards and forwards in time. You're taking me backwards and forwards... and then coming forward again. July 26th, 1978.

Q: Who are you now?
R: Gerry Armstrong.
Q: Where are you now, Gerry?
R: Your office, couch.
Q: Alright. (Long pause) Now, in a few moments I am going to count forwards from one up to ten. As I do so you will begin to wake up. When I reach the number 'ten' you will be fully awake. You will not remember what we have talked about during this session.
R: (Exclaims) Yes!
Q: It will seem as if you have been asleep. You will be relaxed and at ease. And it will seem to you as if you had merely been asleep this past while. Alright. Now begin to wake up. One... two... three... four... five... six... seven... eight... nine... ten.

END OF SESSION TWO

SUMMARY

The following section is a brief summary of what Gerry Armstrong apparently experienced, as determined from the previous transcripts. Some of the details are vague, but this is to be expected since the incident occurred twenty five years before the regression took place. Nevertheless, the major aspects seem quite clear. One outstanding characteristic determined from the tapes is the emotional response of the subject which ranges from fear, through wonder, surprise and incredulity. Also noteworthy is the change in dialect and style of speaking which occurred when Gerry was regressed to the age of twelve.

In the next issue of the journal we shall attempt an analysis of the event, and a comparison with other similar occurrences documented in UFO literature.

As he sat there under the tree his attention was drawn to a bright light in the sky which seemed to descend into a nearby clearing. Almost immediately he was shocked to see two strange looking beings approaching him, and he became extremely frightened. His fear was compounded by the discovery that he could no longer move, and he started to cry. He suddenly realized that they were telling him not to be frightened, but the sound of their voices was 'in his head' rather than actually heard. As he tried to convince them and himself that he wasn't afraid they positioned themselves on either side of him, picked him up, and started to carry him away. He described the experience as rather like that of floating through the air, and tried to laugh while continuing to convince himself that he was not afraid. As they floated him through the trees he again saw the bright light in the clearing ahead of them. It was so bright that it actually hurt his eyes, but as they approached he was shocked to see that it was some sort of round 'ship', although its brightness made its shape almost indiscernable.

The beings who were carrying him were small. In his second regressive hypnosis session he described them as a little taller than he was, with whitish-grey skins, small mouths and prominent eyes, although in his first session he seemed happy that one of them was shorter than him. This confusion may be due to the fact that he saw many different beings during his experience, all of varying heights. At the age of twelve he, himself, was quite small; about four and a half feet, he recalls.

On reaching the ship Gerry noticed a ladder which presumably led up to the entrance, and he climbed up at their request. The ladder was cold. At about this time they did something to the back of his neck, for he felt severe pressure on it for a short while. Immediately afterward, however, he felt relaxed. On board the ship he found himself

left alone in a lighted room and was fascinated by the fact that there seemed to be no source to the light. He tried to figure out from where it was coming but could see no bulbs of any kind. By this time he had regained the complete use of his legs, and his senses told him that the ship had begun moving. There was also an accompanying noise of some kind.

After a short while the beings returned and took him from the room into what seemed to be a semi-circular corridor. One walked in front of him, the other behind. The one in front appeared to walk through a wall into another room although Gerry felt there must have been a door of some sort. Upon following him in, Gerry met another being dressed in red whom he felt was somewhat older than the others. Gerry giggled a little when he was addressed by this being as 'my son'.

The sequence of events which took place in this room is not quite clear from the transcripts, but apparently Gerry was instructed to look at something (perhaps a screen), or through something (perhaps a window) at a 'little ball' which Gerry incredibly identified in session one as a planet. In session two there was a sequence in which he again saw the ball and was apparently told that this was where he was from. Again it was difficult for him to believe, but it would appear that he was looking back toward the Earth from some vantage point in space. At this time the being in red, realizing that Gerry was shocked, touched him, apparently to calm him down. Soon the noise stopped (the ship arrived somewhere?) and Gerry walked down a ramp with the being in red and with others. At the end of the ramp a door automatically opened and he found himself either in or beside a dome. There were other children there. ("They're talking to children in..."). Possibly they were all in the dome. Again Gerry was incredulous, and again the beings asked him to be calm and to follow them. Something was put in his hand and he was told to look at a screen which was probably almost spherical ("... it's like a ball"). On the screen his whole life flashed before him very rapidly, and again he was told "to be calm... to understand... to be taught".

Then he noticed a woman he hadn't seen before. The place was still full of children coming and going, and as he now found himself apparently left alone for a while he took the opportunity to look around at his surroundings. He noticed the dome was mauve and as he looked through it he saw things passing over and realized incredulously that they were other ships. He felt that he must be dreaming. As if to convince him that he wasn't, the woman approached and touched him, taking the silver cross decorated with emeralds that he wore around his neck. She showed it to the taller being in red and they both told him that it was not right to worship. However, it is not clear whether they were talking about the cross, or whether worship in general was wrong.

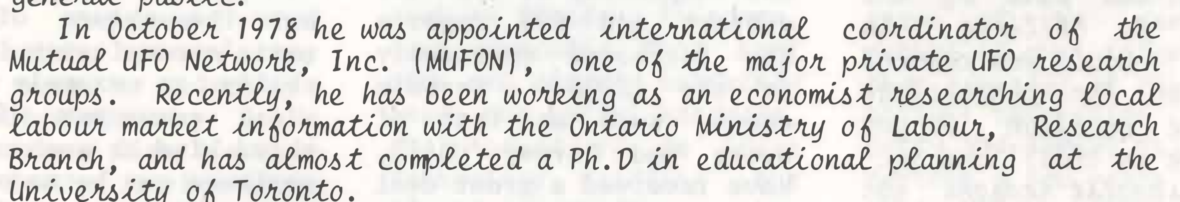
They then told him to look back at the screen which seems to have played the role of a teaching device. It conveyed several things to Gerry ("I see all things. They think these things..."). After his learning experience the being in red touched Gerry's head and he fell asleep. When he awoke he was being carried and put back under the tree. He became frightened again remembering his teacher Mr. Rice who would have been searching for him. The beings then said goodbye to Gerry, saying they shall "meet again... with others". They returned to the ship, and it left. Gerry smoked his cigarette (he probably finished the one he had started earlier) noticing it was still light but getting darker.

His statement "I fell asleep, I guess", could be interpreted in several ways. It could mean that he fell asleep and was awakened by his discoverers, although this would mean he only briefly slept since his cigarette was still burning when he was found. It could also mean that he had already forgotten what happened, and was trying to explain it to himself, or that he was deciding that this would be the story he would tell Rice and the others when he was found, which he did indeed do. But his memory rapidly faded and in spite of trying to convince himself to never forget, following his physical examination he fell asleep and forgot the experience completely.

JOURNAL UFO: INTERVIEW

Meet Michael Sinclair

Michael Sinclair is chairman of the U.F.O. Research Centre: Ontario (UFORCO), a standing committee of the Toronto Society for Psychical Research (TSPR). Since UFORCO's beginning in 1976 he has been the editor of UFORUM, its small local newsletter, and he has also prepared a few bibliographies and educational/information sheets about UFOs for teachers, students and the general public.



In October 1978 he was appointed international coordinator of the Mutual UFO Network, Inc. (MUFON), one of the major private UFO research groups. Recently, he has been working as an economist researching local labour market information with the Ontario Ministry of Labour, Research Branch, and has almost completed a Ph.D in educational planning at the University of Toronto.

The views expressed in this interview are, of course, his own and do not necessarily reflect those of UFORCO, the TSPR, MUFON or JOURNAL UFO.

JUFO: I understand your interest in UFOs dates back to 1955. What sparked this interest?

SINCLAIR: I think it was a combination of press publicity about UFOs, the entire controversy about the subject, and strong criticism of the U.S. Air Force's Project Blue Book. My interest grew a few years later when I was a member of the flying saucer club at the University of British Columbia in Vancouver. It was a small group, met occasionally and had a small library. Subsequently I became increasingly interested in UFOs partly because of curiosity as to why some scientists would strongly condemn the subject and ridicule those who took it seriously and those people in all walks of life who reported seeing a UFO, and because of the fact that on the other hand a few scientists would apparently risk their professional reputations by stating publicly that investigated but unexplained UFO reports represent a significant puzzle and should be taken seriously by the scientific community.

JUFO: Were there any half decent periodicals available to the general public in the mid 1950s?

SINCLAIR: None come to mind. There were relatively few good books either; one was *The Report on Unidentified Flying Objects*, by Edward Ruppelt. When in Africa in the mid/late 1960s I bought several paperbacks about UFOs and my parents sent me a copy of John Fuller's book, *The Interrupted Journey*.

JUFO: How long have you been actively involved in Ufology?

SINCLAIR: Since September 1972 when I first attended a meeting of the UFO study group within the Toronto Society for Psychical Research. Subsequently, I have become increasingly active as a student of the UFO phenomenon, including as chairman of the U.F.O. Research Centre:Ontario (UFORCO) and editor of its newsletter. It was in 1973 when I first attended one of the annual MUFON UFO symposia; this one was in Kansas City and like the others was a good conference but unfortunately all too short.

JUFO: Did you join the

Society out of interest in paranormal phenomena, or strictly UFOs?

SINCLAIR: Both; and my interest in one is not related to my interest in the other. I have a general interest in psychic phenomena and parapsychology, but it's not developed. I knew the Society had a small group studying the UFO subject and I joined mainly for that reason.

JUFO: The results of several surveys in the last few years seem to indicate an increasing tendency on the part of the public to 'believe in UFOs'. Could you comment first on the phraseology of the question 'Do you believe in UFOs?' and secondly suggest reasons for the results of the surveys, and perhaps comment on whether your experiences agree with the results.

SINCLAIR: The question "Do you believe in UFOs?" or some derivation of it has been frequently used but the Gallup poll surveys in Canada in 1974 and 1978 have not put the question this way. They included asking if UFOs are "something real, or just people's imagination?". The two Gallup surveys in Canada and in the U.S. in the 1970s have both indicated that more recently there is a larger percentage of people who responded affirmatively to the question-i.e., thought that UFOs are real. What this has to do with 'belief' is not certain, as belief implies faith, which is often though not always based on an attempted rational understanding of a subject or issue. I suspect that much of the increases in the results of both surveys are due to greater public consciousness about the possibility --indeed the probability-- of intelligent life on other worlds, also because in the intervening period unmanned U.S. and Soviet spaceships have landed on Mars and the U.S. has launched space probes to the outer reaches of our solar system. As most people link the UFO subject with that of intelligent life elsewhere many thus think that there is something to UFOs. Also, the complexity of the UFO subject and UFO reports has increased enormously in the 1970s. Certain cases, such as that of Betty and Barney Hill, have received a great deal of publicity, and people are now less reluctant to report to public authorities like the police, or to UFO organizations, that they have had a UFO sighting or experience.

JUFO: What do you feel are the reasons for most people equating the question "Do you believe in the reality of UFOs?" or a similar phrase, to the question "Do you believe we are being visited by beings from another planet?"

SINCLAIR: This is because the media almost invariably portray the UFO subject this way, many within the field think in these terms, and because some people who report a UFO sighting or experience also couch the explanation in such terms. I really think that the two subjects are quite different things and it is useful to study them separately. The subject of probable extra-terrestrial intelligent life --both the "search for extra-terrestrial intelligence" (SETI) and "communication with extra-terrestrial intelligence" (CETI)-- have a small scientific and academic literature which do not often refer to the UFO phenomenon except to say that it is something different and more often to ridicule or dismiss it.

The movie 'Close Encounters of the Third kind' unfortunately compounds the notion of UFOs being linked with extra-terrestrial intelligence, but the nature of the movie's conclusion is not really an example of a close encounter of the third kind as such an experience can be understood from available UFO evidence. The movie's conclusion is a quite different kind of experience which in terms of our present information and understanding is not known to be related to the UFO phenomenon. I wrote an extensive article about this for *UFORUM* last year.

The diverse UFO subject is just as interesting if one thinks of it outside the framework of visitors representing intelligent life elsewhere, because several other possibilities should be considered. We should think of the UFO phenomenon in the plural with diverse reports for many years from virtually every country in the world, and as involving several and perhaps many different explanations (after you eliminate sightings of Venus, other common manifestations and the occasional hoax). Some of the explanations may be unknown and/or rare natural phenomena. There is the idea of a parallel universe which co-exists in time and space with planet earth and occasionally the two interact, and the notions of visitors from the future coming back to see their past, and of UFOs as a control system.

In many respects these and other possibilities, such as ghosts, in each case in regard to some UFOs, are more exciting to contemplate than visitation from extra-terrestrial intelligence, as exciting as that certainly is. To consider such other possible explanations requires more imagination because they do not seem as plausible as space visitors. I do not have any firm views as to what the explanations are for genuine UFO sightings and experiences, and to a certain extent I don't really care what they are. The subject is fascinating in its own right without thinking of it solely in terms of visitors from outer space.

JUFO: But you feel that the UFO phenomenon definitely exists, no matter what it turns out to be?

SINCLAIR: Yes, as a subject in its own right it's definitely there. David Michael Jacobs in his excellent book *The UFO Controversy in America* makes this point in several places by way of a criticism of the U.S. Air Force and others for simply thinking of UFOs in terms of extra-terrestrial intelligent life as distinct from treating it as a subject on its own, and which should be studied separately. It may be that some genuine sightings and experiences are a consequence of visitations from extra-terrestrial intelligence, but perhaps others will be proven to be, for example, rare natural phenomena that science does not now understand. If such is determined by the scientific community, as some people have suggested with reference to the well publicized sighting last New Year's eve in New Zealand, then such a discovery will be significant in its own right quite apart from the UFO phenomenon.

JUFO: Some researchers, such as Stanton Friedman, have advocated that some UFOs are almost certainly 'nuts and bolts' hardware, the product of an alien technology visiting our planet for whatever reason. Do you feel there is enough evidence to support this claim from any of the sightings that have been reported?

SINCLAIR: No, not really. There is some interesting evidence which supports that claim but to my mind there is not sufficient existing known proof from any single UFO report, or even from several UFO reports, that the explanation is extra-terrestrial. The best evidence for that theory concerns the 1961 Betty and Barney Hill case, in particular an interpretation of, first, Betty Hill's sketch of a star map which she allegedly was shown inside an extra-terrestrial spaceship, and secondly, Marjorie Fish's subsequent three-dimensional model of Mrs. Hill's sketch. This part of the case is generally known as the "Zeta Reticuli incident," and there is a controversy about both the star map sketch and how it should be interpreted. It is all interesting evidence, though not necessarily and not in my mind proof, for an explanation of extra-terrestrial visitation for that particular case. Incidentally, this is one of about 1600 known "close encounter of the third kind" (CE-III) cases, and one of a much smaller set of abduction cases which are frequently referred to as "close encounters of the fourth kind" (CE-IVs).

There are many cases similar to the Hills' in terms of the essential nature of the information that came out of the hypnotic regression which Betty and Barney Hill undertook a few years after their UFO experience. So, if one puts credence in the extra-terrestrial explanation for this case you also have to look closely at similar cases. But it is important to distinguish between evidence and proof. Evidence is presented and must be carefully and extensively examined and can turn out to be unreliable or have alternate explanations. Proof is a very elusive commodity in all aspects of life, even in the courts at times. Evidence in the Barney and Betty case and in the "Zeta Reticuli incident" is very interesting, and in some respects almost compelling, but a sufficient degree of certainty which should constitute proof is missing. But this case is intiguing nevertheless.

JUFO: At the other end of the spectrum there are researchers who feel we are dealing with purely a psy-

chic phenomenon. Do you think that this is a viable hypothesis?

SINCLAIR: Can all UFOs be purely a psychic phenomenon? No, definitely not. I would be surprised if anyone would seriously hold that position because there is a great deal of physical evidence in support of UFO reports. In particular there are numerous "close encounter of the second kind" (CE-II) cases where, for instance, an observed UFO in close proximity causes a temporary breakdown of electrical systems in cars. There are many cases on record of UFOs causing other puzzling interruptions to our environment. These also include probably hundreds of known unresolved cases of animal reactions, usually agitation, and of physical traces such as burn rings and damage on the ground, with often inconclusive test results from soil analysis.

If one endeavours to attribute psychical explanations to most UFO cases you have to look at all CE-II cases within this same framework. Investigation of physical trace cases by Ted Phillips and others has not revealed that psychic manifestations or phenomena are an explanation for these cases. However, UFORCO's investigation of a few UFO reports which we have received --but not including physical trace cases-- suggests that they are probably due to psychic manifestations, that is these particular "UFOs" likely were ghosts. (*Whatever they are - Ed.*)

But we need to look at the whole spectrum of UFO reports and you must study each case separately. Also, in considering all unresolved UFO reports I think we are dealing with more than one phenomenon and no one theory is exclusively useful, but considering them together is more appropriate.

JUFO: But aren't psychic manifestations also capable of exhibiting physical characteristics?

SINCLAIR: Definitely, and psychical research has clearly demonstrated this phenomenon, which is known as psychokinesis. A well known local example is the ghost, called Philip, conjured up through a long series of controlled experiments by several members of the Toronto Society for Psychical Research. This is written up in the book *Conjuring Up Philip: An Adventure in Psychokinesis* (Fitzhenry & Whiteside, also PaperJacks Ltd.), by Iris Owen, with Margaret Sparrow. Also, Dave, the case of Gerry Armstrong, which you have investigated and written about in your book *The Missing Seven Hours* contains several examples of psychic manifestations which included physical characteristics. Thus, it is interesting to contemplate a possible research approach or hypothesis that there is a combination of a psychic force which has some physical manifestations and that this can explain certain kinds of UFO cases. In other words if you integrate some of the elements of our understanding of psychical research and of physical reality which can be measured, documented and understood by scientists, we can perhaps determine explanations about certain kinds of UFO experiences. Such a research approach may be appropriate for some physical trace and some humanoid cases, especially those which involve electrical disturbances and interruptions when the percipient also reported that, at the time, "I was not afraid" or did not think of reaching for a camera, even though it was in the car.

JUFO: You have mentioned the physical effects of UFOs such as burn rings, electromagnetic interference and animal reaction. Do you feel that these effects are enough to justify the belief that we are dealing with an unknown phenomenon or alternatively, that they may have a perfectly explainable cause? In other words, a natural explanation?

SINCLAIR: Of the two positions I'm more inclined to think of the subject as an unknown phenomenon. There has been a sufficient number of cases involving some physical evidence which have been well investigated. I'm thinking particularly of the very extensive work by Ted Phillips which he has reported at several MUFON symposia. He is well known to be a competent and cautious UFO investigator. Perhaps some of the unexplained physical trace cases among the more than one thousand such reports have a commonplace explanation, but having some familiarity with Ted Phillips' research, what he has said and published, I'm convinced that that explanation would not hold for all of them. In other words, even if more investigation could have been done at the time these cases occurred, I suspect that one most likely could not have found a logical explanation.

The probability of the main answer being an unknown phenomenon seems even greater for CE-II cases involving electromagnetic interference and animal reaction. This may also be true about CE-III or humanoid cases. However, the available diverse evidence all too often only includes accounts by the witness(es), and it is usually impossible to analyze in a laboratory and in some ways also difficult to "cross examine." It is nonetheless fascinating for people who are interested in exploring a genuine puzzle and challenge to science. Even less exciting UFO evidence like a film also has enormous public interest as we saw in the first few days of 1979 from media coverage of the UFO reports in New Zealand and Australia.

JUFO: The reason I asked that question is that several sceptics have claimed that physical traces such as burn rings, for instance, can be attributed to natural causes such as lightning or mushroom 'fairy' rings etc. They seem to generalize that because these may account for some of the explanations, they obviously account for all.

SINCLAIR: Yes, some scientists do sometimes take the most unscientific approach of affirming an explanation with no or perhaps scanty investigation and then generalize to all or most similar cases. There are some very good physical trace cases in this country, in particular that of September 1974, near Langenburg, Saskatchewan, which Ted Phillips personally investigated a few days after it first occurred. This case includes the sighting of several craft and agitation to farm animals as well as several physical traces in the form of landing ring imprints and damage to farmland, and is documented in *The Edge of Reality* by Drs. J. Allen Hynek and Jacques Vallee. In 1977 Ted Phillips told the International UFO Congress in Chicago that this case is one of the three best physical trace cases. When you consider the credibility of the witness and the nature of the physical evidence in this case it would be totally inadequate for the scientific establishment simply to say in response and without any first-hand or on-the-spot investigation that it is likely due to 'fairy rings.'

JUFO: Many scientists have adopted an attitude toward UFOs which can best be described as "It can't be, therefore it isn't." Dr. Hynek, a well known UFO researcher, has been quoted as saying that such people suffer "from temporal provincialism, a form of arrogance that has always irritated posterity." What do you feel are the reasons for this attitude among some scientists?

SINCLAIR: There are probably several explanations. The nature of the scientific approach is such that people who hold to it rigorously are not likely to put their necks on the line over something that is not conclusive in terms of the evidence, or if the evidence could possibly have other explanations. This is quite appropriate and respectable professional caution, but rather than suspend judgement some scientists are downright negative, such as the famous astronomer who several months before the Soviets launched the first 'Sputnik' in 1957 said that space travel is utter bilge.

I think it's a combination of the scientific approach itself, also the propensity of many scientists not to be interested in new areas or fields; for example, acupuncture was known to have been practised in China for a long time but it's only recently that the Western medical establishment has paid much attention to it. Many scientists have tenure at their universities, which is where most scientists work, and in part this is intended to guarantee a position whereby they can feel free to speak their minds on a particular subject without being worried about job security. Nonetheless, this does not seem to have helped many scientists to pursue research about unusual subjects or to take controversial and unconventional positions, particularly those which are unpopular with their fellow scientists.

Yet a number of social and physical scientists, well established in their respective fields, study the UFO phenomenon as a research challenge worthy of their time and effort (and to some degree their own money too). As a consequence of my UFO activ-

ity I occasionally learn about university teachers who have some interest in UFOs, and I deliberately try to cultivate this interest. I have been doing this recently with two scientists in diverse fields. When we see some spark of interest in UFOs by scientists, teachers, police detectives, insurance investigators and others with systematic training, we should seize the opportunity to develop their interest and get such people with useful investigative and other skills involved in UFO investigation.

JUFO: Switching to perhaps an even more controversial aspect of the subject, at the MUFON conference last summer in Dayton, Ohio, Leonard Stringfield, a well known UFO researcher, resurrected the claim that crashed UFOs have been retrieved by the U.S. government along with their so called 'alien' occupants and are now in storage at one or more air bases in the U.S. Stringfield also claimed to have several reliable sources. Have you any comment on this?

SINCLAIR: Yes. Leonard Stringfield would be the first to admit, and did indeed note in his presentation, that the nature of his evidence is not terribly good. It is second hand, and in some cases third hand, and his presentation noted only one affidavit, which came to him from another researcher. But notwithstanding the fact that his evidence might be somewhat questionable in conventional terms, his presentation with numerous abstracts, as he called them, is one of the most interesting developments in the field in recent years.

This is not simply a resurrection of pronouncements several years ago alleging that the U.S. Air Force had captured crashed saucers and frozen the bodies of their humanoid occupants. Stringfield has done much more than that. He has a number of different cases. His presentation was exceedingly detailed. A number of people, including several former U.S. military personnel, have reported to him their participation in or that they witnessed part of one of these retrieval incidents.

Another feature about Stringfield's presentation quite apart from the nature of what he's saying, whether that be essentially true or false, is the credibility of the man who is making the presentation. I don't know Leonard Stringfield well, but I think I know him well enough to feel that he is a credible, competent UFO researcher. He's been in the field a long time and is well regarded by other UFO researchers. I certainly hope that people very critically look at what Leonard Stringfield has said --as, indeed, he has requested-- and I would also hope that he will be able to marshal some better evidence.

For example, Dr. Hynek suggested at the MUFON symposium that Stringfield might usefully try to get affidavits from all the people who have made these claims to him, even if the affidavits can only be released to the public or just to Stringfield after the death of the witness concerned. That would help to improve the nature of the evidence. I would like to stress, however, that if such reports are true, even if one of them is unquestionably validated, we should not assume that the explanation is an extraterrestrial visitation unless, of course, part of the validation conclusively includes this.

I feel strongly about that point, incidentally, and feel it is important to emphasize. Perhaps these puzzling incidents were U.S. government secret experiments which went awry. They could be due to some other reason that we cannot conceive of except in very general terms. Regardless, we need to keep a skeptical though curious stance about these kinds of reports which have persisted through the years and not too long ago were mentioned as being factual by former U.S. astronaut Gordon Cooper on the Merv Griffin television show.

JUFO: There have been many reports of UFOs coming out from the oceans and lakes, and who are we to say that this is not their origin, rather than outer space?

SINCLAIR: There have been a number of such reports, and Ivan Sanderson has put a lot of them together in *Invisible Residents*. But I've yet to see any statistics about the number of under-water related UFO incidents as distinct from other kinds of cases. Indeed, until the Centre for UFO Studies developed Dr. David Saunders' UFOCAT, a computer based collection of UFO reports, very few people were putting together meaningful statistics about different types of UFO reports.

JUFO: Many researchers claim that there has been and still is a concerted effort by both the U.S. and Canadian governments to cover up much of what they have discovered about UFOs, and indeed the fact that they even investigate UFO sighting reports. Do you feel that there is enough evidence to support this claim?

SINCLAIR: In the U.S., yes. Some interesting information about CIA involvement has become available recently as a result of action initiated under provisions of the U.S. Freedom of Information Act. Canada unfortunately does not have a comparable statute.

Stephen Michalak's 1967 encounter near Falcon Lake Manitoba, is a well known Canadian case about which a cover-up has been alleged. This incident was investigated by several federal government agencies and the Canadian government initially refused to release the investigation results. However, a member of parliament, Barry Mather, pressed in the House of Commons in 1969 for the government to release all information it had about the case, including the reports by the Royal Canadian Mounted Police (RCMP), the Royal Canadian Air Force, the Department of National Health and Welfare, the Geological Survey of Canada, and the National Research Council. Release of the complete file was refused by Mr. Yves Forest, then parliamentary secretary to the president of the Privy Council, on grounds that the file included information regarded as 'confidential', but he did agree to release the file on this case minus the confidential documents. Arthur Bray, a well regarded UFO researcher in Ottawa, has publicly claimed that the file is very incomplete.

Who knows, whatever is missing may not have been released because the federal government cannot explain what happened and does not want the public to know this. But this possible explanation is purely speculative. Perhaps it is useful to distinguish between the notion of a cover-up on the one hand implying a deliberate, centralised effort to suppress information and definitive investigative results from public view, and on the other hand not releasing evidence because you do not know the explanation. We do not know to what extent if at all, the Canadian government is suppressing information about UFO cases today, for example, by not filing certain UFO reports in the publicly available 'non-meteoritic sighting' files of the National Research Council (NRC) in Ottawa, which include the file on Michalak's case. These are the only UFO reports filed by the Canadian government to which the public has access.

I have visited their office where the 'non-meteoritic sighting' files are kept and have studied the UFO reports contained therein most of which, incidentally, are received from Canadian military and RCMP personnel. These files contain information about a few interesting cases and are open to the public on request; you have to make an appointment to go and see them. After signing a statement not to divulge the identity of witnesses you are permitted to take notes of material in the files, but the NRC will not photocopy the material even for interested serious UFO researchers.

I have read of a few UFO researchers saying that the NRC was sent information about such and such a case, and that the information could not be found in the NRC's 'non-meteoritic sighting' files. Whatever other files, if any, the NRC maintains for UFO reports are not open to the public. In order to prove that there is a 'cover-up' of any particular details or cases you would have to know details about same and that they were sent to the NRC. Alternatively, you would have to know that such and such an agency investigated a certain case, but refused either to acknowledge this or to provide any details about the investigation when requested to do so. It is, of course, impossible to prove that the government is covering something up if you don't know anything about the particular case. We have to know something about what is being covered up, and we do to some degree concerning the Michalak case. But how much else is being covered up, if anything, I just don't know.

JUFO: Much of the information obtained in the Barney and Betty Hill case was secured through a process known as regressive hypnosis. Could you

(Continued on page 26)

A NEW LOOK AT UFO SIDE EFFECTS



BY HUGH COCHRANE

Hugh Cochrane is a Toronto freelance writer who has been studying UFOs and Fortean phenomena for the past thirty years. He is currently working on a book on the subject to be published shortly. This article first appeared in THE UFO PULSE ANALYZER, *June, 1977 (no longer published), and is re-printed by permission of its former editor, Harry Tokarz.*

There are many facets to the UFO phenomenon but probably the strangest of all is the after effects experienced by those who witness the event at close range. Some of these people suffer an impairment to their health, others experience strange healings, some have difficulty with their memory, while others undergo drastic changes that alter their lives and characters beneficially. But whether it is a malaise or a revitalization, all pinpoint the cause as being due to the encounter with the radiation emitted by the UFO.

Medical science is at a loss to explain these alterations, just as they are unable to explain so-called 'faith-healing'. Yet cases continue to turn up, and those so affected find themselves classified as oddities and their files are tucked into the backs of drawers in the hope that somehow the whole event will evaporate and those involved will settle down and return to a normal routine of life.

Trying to find the root cause of these problems, and trying to understand why such exposure in one case is beneficial for one individual yet adverse for another, involves a great amount of unknown elements. This is probably one of the main reasons why science hasn't rushed headlong into any investigation of this facet of the UFO phenomenon. However, encounters with UFOs are on the increase and it can be expected that the side-effects of exposure to these radiations will increase accordingly.

Sifting through encounter reports for substantial evidence as to the cause of these strange alterations produces little unless we are prepared to approach the problem openly. All possible avenues must be examined separately, and each possible link given consideration. This approach tends to introduce a derth of unrelated material. But it is a system used successfully in the so-called 'think-tanks' where the least suspected sources often produce the most positive results.

Using this approach as a basis we can examine the most common element of UFO encounters involving physical after-effects. This element concerns the belief that nearby UFOs radiate a field of energy of unknown composition. The extent of the area covered by this broadcast energy has never been properly established, but it is known that even within several hundred yards of the source, alterations can be induced. Furthermore, some investigators refer to these radiations as EM energy (electromagnetic) yet this is only a partial answer because nothing resembling these energies has ever been located on the electromagnetic frequency spectrum.

But let's go back to those fields. Interactions between fields are well known to science and these principles are used widely in many areas of technology today. The difference here is that those fields which we must consider are those not yet recognized in scientific circles. These are the fields which accompany UFO encounters and the fields which many investigators believe exist around all matter.

In regard to the UFO fields evidence shows that the effects are two-fold. These can interrupt the flow of current in electrical systems and stop cars, radios, and power transmission, while at the same time bring about effects on the minds and bodies of humans, cause alterations in the growth of plants, and bring changes in soils which cause them to retain heat longer than normal or to reject moisture.

The other fields which we mentioned are those which cause the side-effects but are not as yet recognized by science. These are the fields referred to as 'auric' or 'life force fields' which are believed to surround and even interpenetrate the human body. These have been studied on a scientific level by qualified investigators since the early 1800's, yet none of their astounding findings have been accepted because the instrumentation needed to perform the required evaluations has not been developed.

Consider the following: Reichenbach, Kilner, Karagulla, Ravitz and Burr - all qualified scientists - are but a few of those who over the years have assembled much positive evidence regarding the existence of unknown fields surrounding humans, animals, plants, mineral crystals and magnets. And although these fields have been measured as charges in the atmosphere surrounding these objects, and have been shown to change in humans, animals and plants in response to visual and even mental stimuli, most of the evidence is still unacceptted by science as proof of the existence of a legitimate area for scientific investigation!

Such 'stonewalling' is well known to anyone trying to get qualified support for UFO evidence. But in all fairness it must be remembered that the key element in all scientific progress is the need for measureable evidence and this requires instrumentation. Let's examine some of the findings of these investigators and try to fit it in with the reported experiences of those encountering UFOs.

Much of the evidence regarding the so-called human *aura* is repetitive. This applies to evidence gathered since the early 1800's, some of it going back even earlier. In all cases the *aura* is described as consisting of three shell-like fields of energy which enclose the human body. A simple way to get a visual representation of a commom field is through the use of a magnet. Lay an ordinary bar magnet parallel under a piece of paper, then sprinkle iron filings over the top of the paper. The iron filings will tend to line up with the magnetic lines of force and thus indicate the extent of the field surrounding the magnet. Oddly enough, as simple as this method sounds, no similar method has been devised to observe the fields surrounding the human body. (*Ed. Note: The author qualifies this statement by making the distinction between fields, which induce an effect directly, and emanations from the human body which cannot induce an effect directly but which can be photographed.*) The only individuals capable of actually seeing these fields are those referred to as 'psychics' or persons with a high sense of perception.

Kilner, in his experiments with these fields, developed what he called 'screens'. These were glass sheets coated with a coal tar derivative in alcohol. It was claimed that with the aid of these screens and some instructions the average person could be taught to extend his visual abilities to enable him to see the human emanation fields. Kilner pursued his efforts to develop these screens because he believed that the so-called psychic ability to see auras was due to an extended range of vision, much the same as some individuals can hear sounds far above the normal hearing range.

These fields of energy investigated by Kilner and others seemed to contain some rather strange properties. For one thing, the fields seemed to be altered according to an individual's psychical condition; also flares of energy could be made to issue from the fingertips of those being examined simply by having them 'will' it to happen! In observations made by psychics there were descriptions given of vortices of energy which appeared along with the fields around humans - seven vortices in all - and these were said to emerge from various portions of the body. Colour too seemed to play some role in these fields and, strangely enough, reddish-toned fields were associated with anger, greenish or bluish for health and healing, while sexual drives caused grayish splotches to appear throughout the fields!

Probably the most fascinating among these fields were those described as surrounding mineral crystals and magnets. All showed definite patterns and colours and these were described as being like woven or braided, bright lines of light, some even triangular in shape. These emerged from the centre of the crystals and, after performing loops or angles, darted back into the point of origin. Other lines of energy were seen to enter these crystals from some unknown outside source; then, after looping about the centre of the crystal, they emerged and vanished. Magnets, too, posessed strange qualities, and these made a reddish, broad cone-like haze of energy lines around the north pole, while from the south pole bluish lines of energy flared outward.

During some of the experiments with crystals a few were placed on top of a recorder from which music was being played. While the music played the crystals seemed to draw in energy from the sound, becoming brighter and more colourful and their lines of energy more distinct. However, when the music was shut off some crystals seemed to retain their brightness for some time while other varieties lost the induced energy quite rapidly.

All of this may seem to be somewhat distant from UFO investigations. However, as we said, we must search for clues from various sources. As an example, if we consider the above fields around humans as they are exposed to the radiations from UFOs we get a far different picture of what the possible results might be. Here we have fields of energy which can be effected by sound, thought, even by the presence of fields which may or may not be compatible. In the realm of psychics we are told that 'healing' is accomplished by modifying the inner person or 'matrix' which is the basic mould or pattern of the material self. Further, those demonstrating what is called psychokinesis - the power to move or distort material objects by thought - say that they direct their energies so as to move or distort the fields surrounding the object, thereby the object itself. In short, control the field and you control the material matter!

For some comparisons, there are many reported cases of UFO encounters where, after the experience, the witnesses find that they have somehow developed odd abilities which cause them to pursue a new course in life. Some, although undergoing strong outside pressures, pursue a strong belief in UFO entities far beyond anything which they had encountered during the experience. Some claim to have an access to information which comes directly from UFO sources. At times these claims seem so absurd that even the most fanatic UFO buffs come to doubt the intelligence of these witnesses. There are also cases where witnesses seem to forget the encounter or dismiss it as unimportant, then later in life develop an unexplained ability to dip into some well of knowledge for information they require. Although such information may not be available here on earth, they claim they are receiving help from outside sources. Nicola Tesla was among this group as were Karl von Reichenbach and many others whose unexplained discoveries and developments altered the course of human progress.

Many other comparisons could be dredged from UFO reports. But what is more important is that if this line of reasoning is correct, then the UFO phenomenon has a scope far beyond the wildest imaginings. In many of the cases it would seem that the radiating energies emitted during these intrusions were controlled and designed to create a specific effect, but at other times the radiations would seem to be accidental. Yet in all cases, even the accidental ones, it would seem that the resulting effect produced a change deliberately intended to bring about an alteration in our present way of thinking, if not intended to alter our society completely! If this is the result of encounters with a superconscious race, then we are surely on the verge of a new age. But it will be one in which the values we hold so dear today will vanish like the morning mist.

A deeper understanding of the energy fields surrounding all matter may help to explain some of the oddities in the UFO phenomenon. One theory resulting from this might be that the radiated fields from UFOs triggers a higher sense perception in humans - even in animals which seem to sense them at great distances. This might account for the strange descriptions which some witnesses give of entities which, though human-like, appeared to be glowing and metallic; glowing faceless, robot-like creatures; coarse-skinned, odd-shaped humanoids; beings who floated in glowing clouds. In the experiments with psychics it was found that there were varying degrees of psychic ability. Some could observe only the glowing fields around magnets, yet not the human aura; some saw the fields of magnets but only a grainy cloud around humans; some observed almost the complete spectrum from the fields of magnets to the fields of humans and crystals. At the top of the list were those with the highest sense perception who were able to observe discrete alterations in all of the various energy fields, and this seemed to be accompanied by an intuitive ability to 'know' the right or wrong about the fields they were observing. Further, these discrete alterations could supply them with information about the future condition of the matter surrounded by the field they were observing.

This would indicate that the extent of the impact of the radiations from UFOs on humans likewise triggers varying quantities of change in the percipients' sense perception; that they experience UFO phenomena in direct relationship to this change. It might also be discovered that the physical conditions in witnesses which are altered because of the encounter, are the result of their inner 'matrix' being returned to harmony, or that their creative abilities are stimulated by a finer tuning of their bodily energy fields. Putting it bluntly, the UFO phenomenon may be more of a material creation intended to be a guide or a gate to a new evolutionary step for mankind!

Much has been written in the past few years which links the UFO phenomenon of today with events which have occurred throughout history. All point to the fact that the encounters lead to a change in the existing societies. In the past some believed these 'visitors' to be manifestations of God while others believed them to be beings sent as guides or guardians from distant stars. In some cases even a particular star is mentioned as being the 'home' of these strangers.

A notable item among all of these ancient writings is the vehicle used by the visitors. At times they came in a cloud, or on bird-like wings that enabled them to cross the vastness of space. At times they came in wheeled vehicles propelled by strange animals. As man progressed, the vehicles became more complex and soon resembled ships and sails, balloons and airships. Next came aircraft, now cigar-shaped spaceships and saucers. In all, the vehicle was always ahead of man's own developments, yet it seems to have retained its materiality.

As real as the UFO may be today, it only serves to raise the 'stickiest' question in the whole phenomenon. If the UFO is a product of a vastly superior race of beings capable of travelling across enormous distances of space, then why had they not achieved the saucer-shaped vehicles prior to or during their first excursions? Why would they begin with clouds or bird-like wings? Why wheeled vehicles like the ancient chariots? Also, if the beings in the UFOs have the ability to manipulate our minds and our bodies for good or bad then why this game of hide-and-seek?

What we are looking at now may turn out not to be a 'nuts and bolts' mechanism which could be mass-produced in a factory. It could instead be a demonstration of what our 'reality' actually IS and how it can be manipulated. For, although we examine 10,000 landing sites, soil samples, or photographs of UFOs, in the end we may discover that we are actually examining OURSELVES in relation to the phenomenon. And no matter what stand science or government may take on the existence of UFOs, investigators will CONTINUE to study them on a private level. All that is required now is that we continue to examine this interaction with our reality. Because, like it or not, this phenomenon represents the destiny mankind has been following for thousands of years.

ONTARIO CLOSE ENCOUNTERS

DAVID A. HAISELL

On Sunday, January 29, 1978, Mr. A of Toronto was driving down Highway 47 toward Highway 48, north-east of Toronto. When he was about one mile from Highway 48 he saw what he described as a brilliant, fluorescent white light in a field several hundred yards from the highway. His attention was especially drawn to it by what he described as 'short, stubby wings' on either side of it. The whole thing was about the size of a house, he estimated.

Since it didn't look like a plane or a helicopter, or anything he had seen before, he pulled his truck over to the side of the road in order to take a closer look. The time was about 5:45 PM, twenty minutes or so after the sun had set. The light appeared to be hovering just above the field, since there seemed to be no visible structure supporting it.

Mr. A turned off his headlights and put on his flashers, and as he did so the object started to move toward him. Curious, he got out of the truck and walked across the road toward the object, which came to within 200 yards of the road and stopped. Since the weather was very cold, he returned to his truck to watch the thing further. Almost immediately the brilliant light blinked out and Mr. A could see nothing at first, his eyes slowly adjusting to the light change and the continually darkening sky. A few moments later a powerful, little red light became visible where the bright light had disappeared (or it had been there all the time but was obscured by the other light) and appeared to blink or pulsate.

He again left the truck and tried to get closer to the object, but the snow at the side of the road was three and a half to four feet deep. He flagged down a passing car with a man and a woman in it, but after their attention had been drawn to the phenomenon the woman became frightened and made the man drive on.

Mr. A again returned to his truck, and then the light started to move, and as it did, it returned to its previous brilliant, white luminescent form. It moved slowly back from the highway on an angle and glided silently over the trees, disappearing in the general direction of Highway 48.

Mr. A started his truck and headed toward Highway 48. A short way down the highway he noticed two bright lights in the sky which he estimated were 500 feet high and about two hundred feet apart but he was too occupied with the heavy traffic to get a good look. On retracing the route at a later date he realized that what he saw could have been highway lights, which are on very tall poles at that section of the road. He also thought at the time that one of these lights took off in a north-westerly direction, while the other moved to the southwest. Again, he couldn't be sure if his mind was playing tricks on him.

A little further down the highway he pulled into a B.P. gas station at Ringwood, and asked the attendent if there was an airport in the vicinity, just in case he had been watching some new experimental aircraft, although the possibility was remote. Apparently there was a small airport in the area but the attendent didn't know in which dirtion it lay. (The airport is about eight miles to the north-east of the service station, near Goodwood).

Just as he was describing what he had seen to the attendent he noticed the red pulsing light he had previously seen had reappeared no more than 100 yards from the gas station, and about 200 feet in the air. As he, the attendent, and several customers watched, it moved away to about three quarters of a mile from the gas station, and apparently landed on a large hill where it rested for five to seven minutes after which it continued to move in a southerly direction. Mr. A, who was now freezing and tired of the chase, did not pursue it any further.

Throughout the incident the object made no sound at all. Mr. A was surprised that no other cars appeared to notice or at least be interested in the object, although he did state that when it came close to the highway it appeared only as a small, but bright pulsing red light, and only became a massive luminescent white light when it withdrew to several hundred yards from the road.

A later check with the airport revealed that all planes and helicopters were on the ground by 4:30 that afternoon, and in the hangers by 5:00 PM. There is a helicopter with a very bright searchlight at that particular airport, but it definitely was not in the air at that time. There was a fair bit of highway noise at the time of the sighting at the gas station, but Mr. A had seen and clearly heard helicopters up to half a mile away under similar conditions.

He is still looking for a logical answer to what he saw, but is at a loss to explain why no solid object could be seen when only the red light was visible. When the bright, fluorescent light suddenly went off there was a period of about five seconds when nothing was visible, and according to Mr. A it was still light enough to have been able to see something solid if it were there. The small pulsing red light was all that appeared.

Ironically, Mr. A had been discussing UFOs at work with his friends during the week prior to the incident. They had all concluded that the whole thing was a load of bunk. Mr. A is not so sure any more.

On March 21, 1978, at about 8:45 PM Mrs. Grace Nye and her son Mike were driving south along Westney Rd., Ajax, Ontario when they slowed down to look at a particularly bright orange star in the west. As Mike looked at the star he noticed another red light moving toward them from an area far below the location of the star. Since it was travelling really quickly he told his mother to pull over to the side of the road to get a better look. It appeared as a red light with a small white light very close to it. Both lights moved rapidly in an easterly direction toward the car, and swooped right over the couple. As it moved above them they could see the object plainly. It was circular in shape with a series of ten to fifteen coloured lights in a circle on the underside of the object. The lights were not flashing and were red, light yellow, orange and greenish-blue in colour. They were not around the rim, but set in a little from the circumference of the object. It appeared to be about the size of a dime held at arm's length, and made no noise whatsoever. The area of the sighting is open fields and is about a quarter of a mile or so from Highway 401. The noise of cars can therefore be heard slightly in the background, so any faint noise made by the object would have been unheard.

Mrs. Nye rolled down her window and stuck out her head, thus getting a good look at the object. Mike, however, became scared and urged his mother to drive on which she did, at his insistence, although she wanted to stay to look more closely at the object. She did, however, get a good look at it as it continued slowly to the east and noticed that the ring of lights started disappearing one by one as if they were becoming hidden behind a 'lip' protruding down from the outer edge of the object. This made sense to her since the lights closest to her were the first ones to disappear. As it receded even further it looked as any plane would look from the distance at night, appearing as red, orange and white flashing lights. If she hadn't seen the speed with which it approached, and hadn't had the close-up view from underneath, she said she probably would have thought it was a plane, except that it made no noise.

On the same evening, between 8:30 and 8:45 PM Mr. J of Rexdale, Ontario was a passenger in a car travelling east along Highway 401. The car had

just passed the Church St. exit near Pickering and was about a mile or so west of Harewood when Mr. J noticed a bright point of whitish-yellow light in the sky a little to the south of the highway. Suddenly to his surprise it swooped rapidly down over the highway for an instant and then returned to a high altitude and disappeared to the east. This report is interesting in that Harewood and Highway 401 is very close to the area of the sighting reported by the Nyes. Also, the characteristic of swooping rapidly down on the witnesses was displayed in both instances. The two cases were reported to us independently, the first on April 7th and the second on April 9th, 1978. The witnesses in each incident neither knew each other, nor did they know of each other's report.

On Thursday, April 27, Ann Hauprich-Neilsen, a reporter for the Oakville Journal Record, Oakville, Ontario had a frightening experience while on her way home from work. At 8:30 pm she was driving west along Derry Road between Trafalgar Road and Highway 25 when she noticed a bright light in the sky dead ahead of her at an elevation of about 30 degrees. At first she thought it was a plane, and then as it started to descend rapidly toward her she had the feeling it was going to crash right on the road, and for a second she debated turning her car around and getting out of the way.

At the same time her attention was momentarily diverted to flashing red lights on her right, just ahead of her. As she approached she saw a van in a deep ditch at the side of the road, with its emergency lights flashing.

By now, the object which had been descending toward her was close enough for her to realize it was not a plane at all, although what it was, she did not know. It was oval in shape, slightly pointed at each end, and shone with a silver or white glow. It was difficult for her to determine if it was highly polished metal which was shining, or whether the object itself was actually glowing. It had several red, orange and yellow lights in a horizontal row around its rim, the yellow being especially predominant. They were pulsating and possibly rotating, but she couldn't be sure of the latter.

As soon as she realized the object was not a plane she became extremely frightened, and her only thought was to speed away. As she did she went right under the object which by now was about 30 to 40 feet above her. She estimated its size at about 30 feet in diameter, but again she could not be certain.

As she sped away she watched the object in her rear view mirror, and it appeared merely to hover over the road, moving up and down a few feet at a time, but otherwise exhibiting no other apparent motion. She watched it periodically until it was a small light, and intended to get out of the car when she reached highway 25, a safe distance away, for a better look. But when she reached the highway the light had disappeared.

The incident really unnerved her, and since that time she will not drive along that section of Derry Road at night. A couple of days following the incident, after she had had time to think about it, she called the police to see if they had a report of a van in the ditch that evening, but unfortunately there was no such record. She suspected that the driver of the van had also seen the object, and that it had perhaps caused him to accidentally drive into the ditch. The story appeared in the Oakville newspaper on May 3rd, but unfortunately no other witnesses responded.

Ann took us to the area on Derry Road where the incident occurred, and we found what looked like marks made by a vehical being towed from the ditch beside the road, but further information concerning the van and its driver has not been forthcoming.

Ann reported there was no effect on her car or on her radio, which was on full blast during the encounter thus making it impossible for her to determine if the object made any sound. A sketch of the object is shown in Fig. 1.

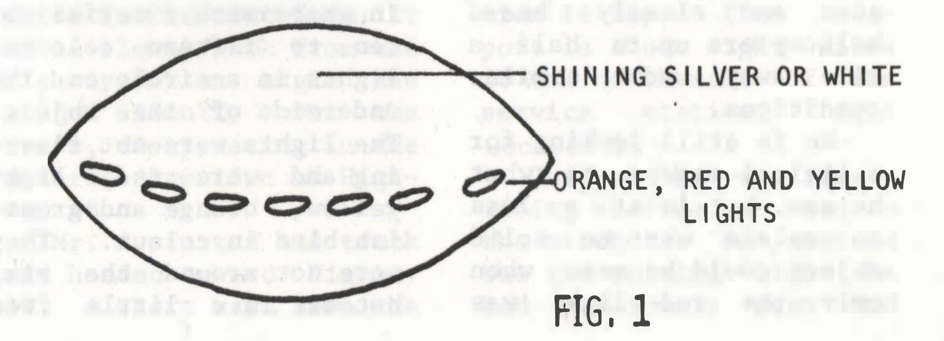


FIG. 1

Two Mississauga residents, Ron Jolie and Wendy Hamblin, were treated to an amazing display by unknown objects above their apartment building in the area of Bloor Street and Dixie Road around eleven o'clock on the evening of April 30, 1978, three days after Ann Hauprich-Neilsen's experience and about ten miles east.

According to Wendy their attention was drawn to a series of lights in the sky which were behaving completely unlike airplanes. She has lived on the flight path to Toronto International Airport for most of her life and is familiar with the appearance of planes landing and taking off.

Both Wendy and Ron watched in surprise as several objects bearing red, green and white lights seemingly hovered for a while to the west of their location, then shot up high in the sky, came together with other such objects, and criss-crossed with still others. Then they appeared to circle slowly around a large area of the sky sometimes together, sometimes separately. These manoeuvers continued for quite some time until one of the objects (at least, they were assumed to be objects at this time even though no solid structure, only lights, could be seen) began to descend slowly, moving toward them, becoming bright yellow in colour, until it was immediately over the eleven story apartment building across the road from them.

They could now see it was a huge circular shaped object, glowing all over with an intense golden colour. Wendy estimated it was at least fifty feet in diameter as it covered about half of the roof of the building and barely cleared the TV antenna on the roof. It appeared as two disks, one inverted over the other, the bottom one being flatter than the top. The top also had a small protrusion which she likened to a dome in the centre of it. Between the two disks was another golden glowing section with a series of dark vertical bars through it. It hovered over the building for about thirty seconds during which time it made no noise. (Ron and Wendy were watching from their balcony, which faces west) Then the object started to slowly and quietly drift at about 15 MPH toward the next apartment building where it disappeared from the couple's line of sight. As it was drifting, however, they noticed a long, narrow protrusion extending from the object in the direction in which it was moving. This protrusion was about half the diameter of the object in length.

At this point Wendy called a friend in the building over which the object was now apparently hovering, but the friend, upon looking outside, could see nothing, the object either having left by this time, or hovering directly over the building in question.

Both witnesses seemed excited by what they had seen and were certain they were not watching any man-made or natural phenomenon. Wendy is a graphic artist and a very observant person, and she was able to quickly sketch what they were watching at the time of the incident. (See Fig. 2.)

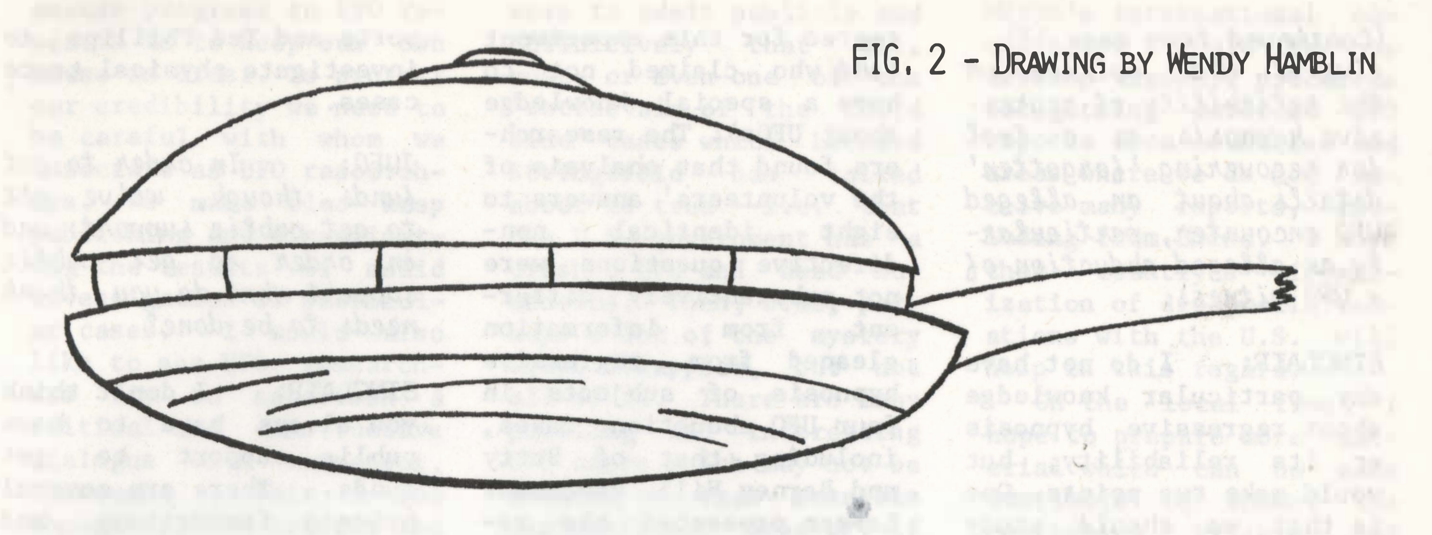


FIG. 2 - DRAWING BY WENDY HAMBLIN

(Continued from page 17)
give us your opinion on the reliability of regressive hypnosis as a tool for recovering 'forgotten' details about an alleged UFO encounter, particularly an alleged abduction of a UFO witness.

SINCLAIR: I do not have any particular knowledge about regressive hypnosis or its reliability, but would make two points. One is that we should study carefully the research of Dr. Leo Sprinkle, a psychologist at the University of Wyoming, who has used hypnotic time regression procedures relatively successfully to get more information from people who think they may have had a puzzling UFO experience including perhaps a time loss. The results of his work have been extensively documented, including in the paperbacks *Abducted!* and *Encounters With UFO Occupants*, by Coral and Jim Lorenzen. Professor Sprinkle delivered a paper at the American Psychological Association meeting in Toronto last summer about his research of UFO observers and the use of regressive hypnosis, and the December 1978 edition of *UFORUM* included excerpts from that paper. His research findings deserve attention and should be studied by other scientists.

The other point that should be mentioned about the use of regressive hypnosis is the research of Professor Alvin H. Lawson and others in California. They used hypnotic regression to induce imaginary UFO abductions individually on a small group of persons who answered an advertisement and volunteered for this experiment (and who claimed not to have a special knowledge about UFOs). The researchers found that analysis of the volunteers' answers to eight identical non-directive questions were not substantively different from information gleaned from regressive hypnosis of subjects in four UFO abduction cases, including that of Betty and Barney Hill. Professor Lawson presented the results of this research at the 1977 MUFON symposium and in a subsequent more detailed paper, and noted that ESP-type effects were apparent in some of the hypnosis sessions. He emphasised that it was unclear as to what the implications of these research results would be on future use of hypnotic regression of alleged UFO abductees. Although the researchers apparently did not use random samples for both the test and control cases their research results raise some interesting questions about the utility, including reliability and validity, of the use of regressive hypnosis in UFO research.

JUFO: *What are your own feelings on the direction which UFO research should progress? And what techniques should be utilized to assure that progress is achieved?*

SINCLAIR: Essentially, we should keep doing what we are doing now but try to do it better, and more quickly. If only we could get some funds to enable an instant reactive capacity to investigate particularly interesting reports to send people like Ted Bloecher for humanoid reports and Ted Phillips to investigate physical trace cases.

JUFO: *In order to get funds, though, we've got to get public support; and in order to get public support what do you think needs to be done?*

SINCLAIR: I don't think you always have to have public support to get funds. There are several private foundations and research institutes which occasionally are prepared to put a limited amount of money into something that might be considered unusual, and sometimes will do so if a good research proposal is put forward. This is something we should investigate.

JUFO: *Yes. I think a case in point is the funding of Project Starlight International in Texas, which was set up by the Association for the Understanding of Man. They are doing a lot of constructive work in UFO research.*

SINCLAIR: They are taking a particular approach, instrumentation, to try to secure hard physical evidence to document UFO sightings. We need to interest scientists, other professionals, trained investigators, and people in almost any vocation having some kind of systematic research approach. We could do more to interest such people in studying the subject, also for example with university students at the post-graduate level. David Jacobs' excellent book is a result of his Ph. D. thesis in history at the University of Indiana.

Another need to help ensure progress in UFO research is to keep our own house in order. To protect our credibility we need to be careful with whom we associate as UFO researchers. We must also keep publishing and disseminating the results of solid investigation of particular cases. I would also like to see UFO researchers try to establish a critical and constructive dialogue with competent, thorough, fair and thoughtful UFO critics and skeptics.

JUFO: *Are you optimistic about much progress being made toward solving the UFO mystery in the near future?*

SINCLAIR: Frankly, no, unless something happens to give us the solution or solutions in terms of resolving a significant part of the puzzle. Perhaps the report of the inter-disciplinary UFO study set up by the French government will be helpful. An official summary of its 500 page report is going to be made public in the near future. One scientist who has seen a summary of the report has written that ten of the eleven close encounter cases of high strangeness and high credibility which it examined extensively represent a material phenomenon not presently known to science. These cases occurred in France between 1966 and 1978 and include two cases involving humanoids. When more information about this can be secured we may well learn that this represents some substantial progress toward solving the UFO enigma.

Another example would be if the U.S. government were to admit publicly and definitively that all, most, or even one of the 'retrievals of the third kind' cases which Leonard Stringfield has talked about is true --i.e. that the U.S. government has a crashed UFO and dead humanoids. Then, some, perhaps a lot of the mystery would disappear, but not all of it. There are many puzzling and interesting UFO cases which may not be related to that possible explanation. However, if the U.S. government admitted that what Stringfield is saying is true, there wouldn't be very many of us Ufologists left, because most people would think "well, that's it, what's left is not worth bothering about".

But what are perhaps even more possible in the near future are scientific breakthroughs concerning natural phenomena that we don't now understand, and which are rare, if indeed there are such things, and which could explain some UFO reports.

On the other hand I'm not too optimistic about progress in resolving the UFO enigma because some UFO investigators and organizations do not publish all they could about the results of their investigations. Also, some who actively study UFO reports are still unwilling to co-operate much with others and some seem to be more concerned with building or maintaining their own empires.

JUFO: *What do you think you will concentrate on in your own activity in the UFO field in the near future?*

SINCLAIR: In my work as MUFON's international co-ordinator I would like to develop regular processes for getting detailed UFO reports from countries and areas where we do not receive many reports, including from China. I hope that country's formalization of diplomatic relations with the U.S. will help in this regard.

On the local front I hope to prepare more material which can be made available to answer the continuing trickle of queries for information about UFOs which we receive from students, teachers and the public. In addition, I would like to see collections of 'readings' about UFOs published, for example to bring together different types of CE-II cases, also the better Canadian cases. So much continues to be written about UFOs, but there are very few single sources about various kinds of well investigated cases.

I'll also continue to provide UFO information to scientists, reporters, teachers and others who have a particular interest in the subject. Other interests are the educational implications of mankind's first known, definitive 'communication with extra-terrestrial intelligence', whether this be related to the UFO phenomenon or not. I'm also interested in 'outer space humour', partly as an educational tool, and as satire. Unfortunately, though, as you well know, Dave, all this will have to be undertaken in my spare time.

JUFO: *Thanks, Michael, for your comments, and all the best for the future.*

(continued from pg. 1)
that the characteristics of many of these encounters do not seem to reflect the manner in which we might carry out exploration of another planet and examination of its inhabitants, in spite of what sometimes appear to be 'token' physical examinations reported by some alleged abductees.

Throughout history researchers have persistently fallen into the trap of formulating a hypothesis only to disregard data that do not lend their support, rather than considering a modification of the original postulation. In the earlier years of UFO investigation many investigators were reluctant to accept the claims of those witnesses who reported seeing and even communicating with UFO occupants, preferring instead to relegate such claims to fringe element psychotics. Nevertheless, as time passed and these types of occurrences continued to be reported by reputable, well-balanced individuals, they were gradually accepted, resulting in a new dimension being added to the UFO mystery. Today an even more startling dimension seems to be emerging. More and more encounters seem to be characterized by what must be classified for want of a better term, paraphysical or parapsychological aspects, and again there is a reluctance on the part of many researchers to accept these as 'genuine' UFO experiences. But if we are to learn from our previous mistakes it would be very presumptuous to ignore these incidents in our pursuit of the solution.

Characteristics such as these may provide vital clues toward furthering our understanding of the phenomenon or phenomena, and we may find the extraterrestrial hypothesis to be an over-simplification of the situation. We may well discover that we are dealing with several distinct and unrelated phenomena. With the aid of recent research into the physics of paranormal phenomena (see *Future Science*, White and Krippner, Anchor Press, 1977) which is causing us to re-examine our concepts of the universe, it is quite possible that the UFO may soon lend itself to a better understanding.

Paranormal characteristics were predominent in the experiences of the Armstrong family which were detailed in my book *The Missing Seven Hours* published by PaperJacks Ltd. Following completion of the book Gerry Armstrong consented to undergo time regression analysis of the seven hour period he experienced, but could not remember, when he was twelve years of age. This issue of JUFO includes the complete transcripts of the two sessions conducted with a hypnotherapist last summer. In the next issue I hope to present a discussion and analysis of these transcripts.

Also in this issue you will meet Michael Sinclair who is co-chairman along with Henry McKay, of the UFO Research Centre: Ontario (UFORCO), which is a standing committee of the Toronto Society for Psychical Research. Michael is a very busy person, and is currently engaged as a research economist with the Ontario government as well as completing a Ph. D in educational planning with the Ontario Institute for Studies in Education. I appreciate his being able to take the time for us to interview him, and to discuss his views on the subject of Ufology. We hope to feature more interviews with prominent researchers in future issues.

Hugh Cochrane, a Toronto freelance writer is another contributor to this issue. Hugh has written an article discussing some of his ideas relating to the side effects sometimes reported to accompany a UFO encounter. He is currently preparing a book on the subject to be published shortly, and has recently contributed to a new publication called *Aquarius Alternative* which examines possible energies and sources of power associated with the UFO phenomenon.

The final article in this edition details some of the UFO incidents which U.P. Investigations Research Inc. investigated during 1978, and which still remain unexplained. Three other significant sightings occurring near Lake Scugog, Owen Sound and Shelburne which we recently investigated will be detailed in the next issue.

I hope you enjoy this and many more issues of *JOURNAL UFO*. Your comments and letters are always welcome, and should you wish them considered for publication (we hope to have a 'letters to the editor' feature soon) please indicate whether you wish your name and/or address withheld.

WHAT IS "JOURNAL UFO"?

One of the objectives of U.P. Investigations Research Inc. is to provide current information to those members of the public who are interested in keeping up to date with the latest developments in the field of Ufology and its related disciplines. The claims of many UFO groups and clubs, along with the sometimes sarcastic approach of the media in reporting on the subject leave most people with, at the very least, a confused understanding of what, if anything, is being formally investigated and discovered about UFOs.

It is the aim of JOURNAL UFO to clear up any misconceptions in this area. The publication will include reports of sightings and investigations in the southern Ontario area along with the results of these investigations. Also included will be summaries of world-wide incidents as reported to us by other research organizations from across the world. Interviews with researchers and scientists from various disciplines will be featured, along with relevant articles and comments by those involved in the research. Reviews of other available literature on the subject will be included to aid the reader in further clarification.

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